

Self-Reflection on Health Care Analytics
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Practicing data analysis and presentation with Tableau has significantly enhanced my ability to interpret and communicate complex data. The tool's visual interface makes it easier to transform raw data into meaningful insights, allowing me to uncover trends, patterns, and correlations. By refining my skills in Tableau, I've become more efficient in presenting data in an engaging and understandable way. This not only improves my decision-making process but also enhances how I share results with others, fostering better collaboration and data-driven strategies. Overall, Tableau has made data more accessible and impactful.

I've never done any research on hypertension and population health, so I was not familiar with the topic (other than the basics covered in nursing school) or the related literature. I have also never used Tableau before. It was a difficult combination. I think I might have learned more about data analysis if I had been familiar with the topic or with Tableau. As it was, I spent more time learning new content than digging into data analysis. I generally prefer online classes to on ground classes, but in this case, I would have preferred an on ground class and more immediate interaction with my peers and instructor. I'll look forward to using Tableau more in the future to explore more familiar topics.